1. (a) The second hand of the smoothly running watch turns through 2π radians during 60 s . Thus,

$$\omega = \frac{2\pi}{60} = 0.105 \text{ rad/s.}$$

(b) The minute hand of the smoothly running watch turns through 2π radians during 3600 s . Thus,

$$\omega = \frac{2\pi}{3600} = 1.75 \times 10^{-3} \text{ rad / s.}$$

(c) The hour hand of the smoothly running 12-hour watch turns through 2π radians during 43200 s. Thus,

$$\omega = \frac{2\pi}{43200} = 1.45 \times 10^{-4} \text{ rad / s.}$$